

# BEREAVEMENT SUPPORT GROUP

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**Meets the 2nd Wednesday  
of every month  
12:00–1:00pm  
Virtual Meeting**

**November 13, 2024  
December 11, 2024  
January 8, 2025  
February 12, 2025  
March 12, 2025  
April 9, 2025  
May 14, 2025  
June 11, 2025**

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## **A BEREAVEMENT SUPPORT GROUP IS:**

- A circle of healing where those struggling with grief can help one another
- A safe place to express feelings due to loss
- An opportunity to educate yourself about the grieving process
- A helpful source of referrals to professionals, websites, and other resources

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**FACILITATORS:** Yeong Bae, MSW, LSW  
Beth Smith, DNP, CRNP, PMHNP-BC

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**To register or for additional information, use QR code or contact:**

Yeong Bae (he/him) [Yeong.Bae@fcc.edu](mailto:Yeong.Bae@fcc.edu) or 215-728-2853

