

# GASTROINTESTINAL (GI) CANCERS SUPPORT GROUP



**Wednesday, March 19th, 2025 4:00PM - 5:00PM VIRTUAL**

Open group for people diagnosed with gastrointestinal cancer who are receiving treatment. In this group, led by our social workers, people can share their personal experiences, ways of coping and helpful resources.

## WHERE:

Interested patients should email Anjali Albanese, MSW, LSW, OSW-C at [Anjali.Albanese@fcc.edu](mailto:Anjali.Albanese@fcc.edu) or Mark Itzen, MSW, LCSW at [Mark.Itzen@fcc.edu](mailto:Mark.Itzen@fcc.edu) for a link to participate.

## GUEST SPEAKER:

**Jeannie Kozempel, PT, DPT, MS**



**Manager of Physical Medicine and Rehabilitation**

**Cancer Related Fatigue and  
Physical Activity Guidelines to  
Help Survive Cancer**

## OUR GROUP:

- Reduces feelings of loneliness, anxiety, and distress
- Helps you learn new ways of coping
- Increases feelings of hope and empowerment
- Provides you with practical information about treatment and resources
- Helps you communicate better with your medical team and loved ones



**Fox Chase  
Cancer Center**  
Temple Health