# GASTROINTESTINAL (GI) CANCERS SUPPORT GROUP

## December 18th, 2024 4:00 – 5:00 PM VIA ZOOM

Open group for people diagnosed with gastrointestinal cancer who are receiving treatment. In this group, led by our social workers, people can share their personal experiences, ways of coping and helpful resources.

### WHERE:

Interested patients should email Anjali Albanese, MSW, LSW at <u>Anjali.Albanese@fccc.edu</u> or Mark Itzen, MSW, LCSW at <u>Mark.Itzen@fccc.edu</u> for a link to participate.

### **GUEST SPEAKERS:**





#### Anjali Albanese, MSW, LSW, OSW-C and Mark Itzen, MSW, LCSW

Social Work Services Fox Chase Cancer Center

It's the Most Wonderful Time of the Year...or is it?

### **OUR GROUP:**

- Reduces feelings of loneliness, anxiety, and distress
- Helps you learn new ways of coping
- Increases feelings of hope and empowerment
- Provides you with practical information about treatment and resources
- Helps you communicate better with your medical team and loved ones

